

# Adventure Days

WE ARE TAKING BOOKINGS FOR THE SCHOOL SUMMER HOLIDAYS, DON'T LET YOUR KIDS MISS OUT ON FUN ACTIVITIES LIKE SURF SKIING, CLIMBING, GORGE WALKING AND MANY MORE - **BOOK NOW!!!!!!**

Don't let the children waste their holidays inside in front of the computer. Get them outside enjoying the glorious West Wales sunshine and the beauty of Pendine sands. Better still, make it a family affair and why not come along too?!

£25 per person, per day. **BETTER STILL....**Get a group together..... Book in 5 people at the same time, for the same day and the sixth person comes free.

We can offer bespoke packages to suit your needs; are you monkeys, fish or just adrenalin junkies? Everyone welcome from the age of 8 to 80 years. No experience necessary. Come to us for hours of Good, Clean Fun in a safe, healthy outdoor environment or come along and let us take the strain out of entertaining the family. .

<b>SAMPLE DAYS</b>
Archery, team challenge and surf skiing
High Ropes, Zip wire and Body boarding
Tower Climbing, Abseiling and Team building challenges
Woodland orienteering and junior gorge walking
Cliff climbing and sea canoeing

BOOKING FOR ALL ACTIVITIES IS ESSENTIAL so please phone or e-mail now to book your place.

Get here by 9.15am and we will keep you occupied until 4-15pm. Everyone needs a complete change of clothing, including footwear for the water (old trainers will do), swimwear and towel, and a packed lunch.

*For under 18s, A parent or guardian will need to complete and sign a consent form which will be available at the Centre on the day, or can be downloaded & printed from the web-site and brought in on the day.*

*For Adventure Days enquiries and bookings please e-mail Gethin on [gjwilliams@sirgar.gov.uk](mailto:gjwilliams@sirgar.gov.uk) or call 01994 453659.*

'Pendine Outdoors' is licensed by the 'Adventure Activities Licensing Service', registration number L9175/R0190.

All instructors are qualified with the relevant NGB awards and/or 'in house' certificates where appropriate and all have current First Aid Certificates

