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All other public information leaflets  
Public Transport: For up-to-date information, please the  
Transportation Information Leaflets (TILs) available on the  
Tribune website: [www.carmarthenshire.gov.uk](http://www.carmarthenshire.gov.uk)

This is one of a series of country walks in Carmarthenshire.  
For further information of walks in this series contact:  
Yr Man, Parc Business Centre, Llanelli, SA14 9UT.  
Telephone: (01554) 747500  
[www.carmarthenshire.gov.uk](http://www.carmarthenshire.gov.uk)  
Now that you have enjoyed one of our walks you may like to  
know that there are three Country Parks in Carmarthenshire –  
Pembrey Country Park, Gelli Aur near Llandeilo and  
Llyn Llech Owain near Gorslas, all offering excellent opportunities  
for enjoying the countryside.

**Want to know more?**

Maer llwybr hwn yn un o gyfres llwybrau Sir Gaerfyrddin.  
Cryllwch a r.  
Uned Parcu a Cefn Gwlad.  
Yr Man, Parc Busnes Trostre, Llanelli, SA14 9UT.  
Ffôn: (01554) 747500  
[www.sirgwr.gov.uk](http://www.sirgwr.gov.uk)  
A chithou wedi cerdded un o'n llwybrau, efallai y carach wybod  
bod yna ddi pharc gwledig yn Sir Gaerfyrddin –  
Pembrey, Gelli Aur ar bwyys Llandeilo,  
Llyn Llech Owain ar bwyys Gorslas. Mae pob un yn cynnig  
cyfleoedd rhagorol i bob fwythau coth gwlad.

**Eisiau gwybod rhagor?**

**Y Teithiau Cerdded**

Man wychwyn deffryd ar yr ardal mynd i gerdded yn yr ardal hon yw'r maes parciu  
a'r llecyn picnic (a welir ar y map) ar ben Mynydd Pen-bre. Gan fod y llwybrau'n  
mynd ar hyd ochrau'r bryn mae rhai manau gweddol seith i gerdded ond prin  
yw'r manau seith iawn ac nid dylent yn hir iawn. Angymhellir eich bod yn gwsgo  
esgidiau cryfan gan fod rhai o'r llwybrau'n araf yn lleidog am ychydig ar ôl deffryd  
gwlyb.



**Y Rheolau Cefn Gwlad**

- Mwynhewch gefn gwlad a pharchwch ei fywyd a'i waid.
- Gofalwch nad ydych yn achosi tanau.
- Coewch bob gat.
- Gofalwch fod gennych reolaeth ar eich cain.
- Codwch ar llwybrau cyhoeddus ar draws yr amaeth.
- Defnyddwch gariau a sticlou i groesi ffensys, perthi a waliau.
- Gadwch lonydd i dda byw, anrydau a pheiriannau.
- Ewch a'ch sbwriel nôl gyda chi.
- Helpwch ni i gadw pob ffynhonnell dŵr yn lân.
- Diogelwch fywyd gwylt, planhigion a choed.
- Cymerwch atal arbennig ar ffyrdd cafn gwlad.
- Peidwch â gwneud unrhyw sŵn diangen.



**Pembrey Mountain**

The Bury Fort and Pembrey area has a fascinating  
association with farming, industry and the maritime  
tradition. The land around Pembrey Mountain has  
a varied history. Large areas were marshland or  
coastal sand dunes until fairly recent times.  
Pembrey Mountain itself was mostly open common  
until the 1850s, when it was enclosed and  
ploughed for the first time.  
During the 19th century, industrial development  
changed the area, sometimes dramatically. In  
1819, a harbour opened at Pembrey to export  
coal mined at local collieries, developed by a new  
generation of industrialists. Canals and tramroads  
were built to move the coal to the harbour from  
small mines on the flanks of Mynydd Pen-bre. By  
1836 a bigger harbour was built at Bury Fort and  
coal exports increased. Bury Fort harbour became the focus for a wide range of  
industries, including lead, copper and ironworks. Later a tripartite works was added,  
and many residents will remember the huge Carmarthen Bay Power Station, which  
stood near the harbour until 1989. The industries responsible for the growth of  
Bury Fort and Pembrey during the 19th and 20th centuries have now disappeared,  
but the surviving fragments, along with the natural beauty of the surrounding  
landscape, make this a most rewarding area to explore.



**The Country Code**

- Enjoy the countryside and respect its life and work.
- Guard against all risk of fire.
- Fasten all gates.
- Keep your dogs under close control.
- Keep to public paths across farmland.
- Use gates and stiles to cross fences, hedges and walls.
- Leave livestock, crops and machinery alone.
- Take your litter home.
- Help to keep all water clean.
- Protect Wildlife plants and trees.
- Take special care on country roads.
- Make no unnecessary noise.



Large print versions of this leaflet are available on request.

On a clear day the footpaths provide many wonderful views. The mountains of  
the Brecon Beacons and the valleys of Glamorgan can be seen to the north and  
east, the Gwendraeth valley and Carmarthen Bay coast to the south and  
west, while to the south are good views of the beautiful  
Gower peninsula and beyond. The Bury Fort can also  
be seen (internationally important for wildfowl and  
waters) along with the Blue Flag beach at Pembrey.

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**Mynydd Pen-bre**

**Mynydd Pen-bre  
Pembrey Mountain**



Llwybrau Sir Gaerfyrddin  
Carmarthenshire County Walks

Cymdeithas yr Iaith Gymraeg  
Sir Gâr  
Carmarthenshire  
County Councils

Amser Hamdden  
Leisure Time

